

CAREER SERVICES College of the Sequoias CTE ALUMNI SPOTLIGHT

MEET HEIDI!

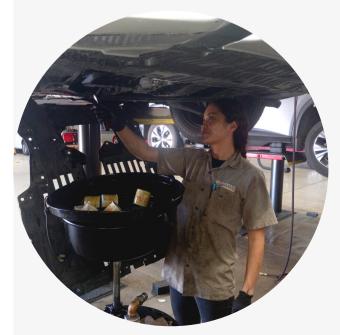
Heidi is a COS Alumni who earned an Associate of Science Degree in Automotive Technology in May of 2021.

HEIDI'S BACKGROUND

Heidi spent the first couple of years of her life in the Philippines. Growing up in a military family consisted of moving every few years. Prior to moving to Visalia, Heidi lived in "Big Sky Country" Montana.



Heidi Nyquist Service Advisor, Lube Technician Groppetti Automotive

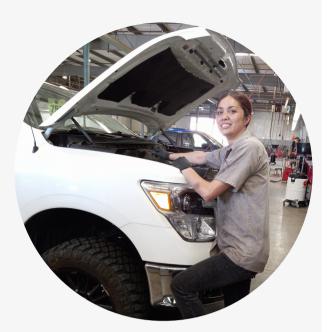


WHERE HEIDI IS TODAY

Upon graduation from COS, Heidi started working at **Groppetti Automotive** as a **Lube Technician**. She loves that it is **fastpaced**, **hands-on** and that she has great coworkers! What Heidi loves most about her job is that there hasn't been a day that she hasn't laughed because of the great people she works with. She also enjoys that she is constantly learning and gaining new skills. Recently, she was offered a position within the company as a **Service Advisor**.

WHAT INSPIRED YOU TO WORK IN THE AUTOMOTIVE FIELD?

For Heidi, it was important to be selfsufficient and well-rounded. She wanted to make sure she knew how to take care of her own vehicle and never worry about being stranded. She also thinks automotive is a great field that not many women are in. This is one of the reasons Heidi also joined the **Female Mechanic's Society**. Additionally, Heidi hopes to inspire her 7 year old son to be involved in the field of technology, by teaching him how to work on cars.



Heidi Nyquist **Service Advisor, Lube Technician** Groppetti Automotive

WHAT SHE LOVES MOST ABOUT HER CURRENT ROLE

Heidi loves going above and beyond for her customers. As Heidi puts it, "there are **endless opportunities** to learn in the shop. I don't have to stick to just my station, it is **flexible**, and it is a very **supportive environment**."

WHILE AT COS

Heidi was a part of the CTE Student Success Program and CalWorks programs at COS. During her time on-campus she attended the COS Student Professional Conference (ProCon), Entree to Employment, and participated in as many extracurricular activities as she could, which helped her grow professionally.

WHAT SHE ENJOYED MOST ABOUT HER EDUCATIONAL EXPERIENCE AT COS

Heidi's response: "I liked that Mr. Howell always had answers to every question I had. There were many possibilities within the program and I also enjoyed taking some extra business classes. I was very lucky to get hired right after graduating and I am definitely very grateful to all of the teacher's and staff at COS that have helped me through my education."

ADVICE TO OTHER STUDENTS

Heidi says, "Do your **research** and try to **stay organized**. Don't be afraid to **ask questions**. If you're in the Automotive program at COS, don't be afraid to ask Mr. Howell questions - he's got answers and is always willing to help."

