

College of the Sequoias Student Resources

Access and Ability Center

The Access & Ability Center (AAC) provides eligible COS students with a variety of support services designed to maximize access to education. Students providing verification of qualifying conditions may be eligible for services such as extended testing time in a distraction-reduced setting, equipment loans (e.g., digital recorders), alternate media (i.e., eText, enlarged print); specialized counseling, learning assessments, sign language interpreters, and/or other services. **Location:** Visalia Campus, Lodgepole (back of library); Hanford Campus, the Hub in the Vocational Education building; or Tulare Campus, the Student Services Desk in Building A. Also, our Accessibility Center is located inside the ESS building on the Visalia Campus. For more information, please contact (559) 730-3805, aac@cos.edu, or visit us online at https://www.cos.edu/aac.

Admissions and Records

Admissions and Records serves as a continuous resource for students throughout their academic experience to provide service to students in the areas of application errors, registration holds, graduation process, transcripts, evaluation, degree audits, and record maintenance. We strive to provide accurate, responsive and respectful services to the students, faculty, staff and administration, while upholding and maintaining the policies and procedures of the District. For more information, contact us at Visalia Campus: (559)737-5471, (559)730-3729, Hanford Campus: (559) 583-2500, Tulare Campus: (559)688-3000 or visit us online https://www.cos.edu/en-us/admissions/getting-started.

California Mini-Corps Program

The California Mini-Corps Program assists college students who have an interest in teaching and would like to dedicate their professional careers to helping migrant students who are enrolled in California's K-12 education system. It is a statewide program designed to provide direct instructional services for migratory students in grades K-12 through a cadre of trained college tutors. Today, the CMC program encompasses two major goals:

- 1. To provide direct instructional tutorial services to increase migrant student academic achievement through a cadre of trained college tutors.
- 2. To develop a cadre of future bilingual-bicultural, credentialed teachers that will be better equipped to work with migratory students.

Program Benefits:

- CMC Tutors receive valuable professional development during monthly meeting and summer Institute.
- CMC Tutors receive valuable hands-on classroom experience in a k-12 setting (over 400 hours in regular school year).

Location: Visalia Campus, Alpine 2C. For more information please call (559) 730-3958, or visit us online at https://www.cos.edu/en-us/student-support/california-mini-corps.

CalWORKs

The CalWORKs program assists students who are currently receiving Temporary Assistance for Needy Families (TANF) for themselves and their children with coordinated services such as academic counseling, CalWORKs Work Study, child care and advocacy.

Location: Visalia Campus, Sequoia 10. For more information please call (559) 730-3864, or visit us online at https://www.cos.edu/en-us/student-support/calworks.

Academic Counseling Services

The purpose of counseling is to help students succeed in their studies through self-evaluation, decision-making, careful planning, and commitment. We offer face-to-face appointments at all three campus locations and online counseling services.

Locations: Visalia Campus, Sequoia 103, (559) 730-3715; Hanford Campus, Hub in the Vocational Education Building, (559) 585-2500; or the Student Services Desk at the Tulare Campus, Building A, (559) 688-3010. To schedule an appointment online, visit us at https://www.cos.edu/en-us/student-support/counseling.

COS District Police Department

- The COS District Police Department functions for the protection of students, staff and facilities.
- Report suspicious activities anonymously by text (559) 715-2918, email (cos@tipnow.org) or download the smartphone app TipNow.
- For emergencies call 911.
- Student parking permits can be ordered online at cos.cmrpay.com
- Daily parking permits can be obtained from the parking permit machines located in the parking lots
- Location: Visalia Campus, Blue Oak 903 by parking lot 1. For more information please call (559) 730-3999, Email cospdinfo@cos.edu or visit us online at https://www.cos.edu/en-us/student-support/police

Educational Support Services

Educational Support Services aims to foster academic success by empowering students to identify and utilize resources to think critically, study effectively, and continue learning beyond our time together. Our Tutorial Services department encompasses the following programs: General Tutorial, Language Center, Math Lab, Writing Center, Embedded Tutoring in English and ESL and Supplemental Instruction for "traditionally difficult subjects".

- <u>General Tutorial</u> General Tutorial provides free tutoring assistance on a wide variety of subjects. No appointments required! Tutoring is available online via Zoom or in person James Alvin, Lead Coordinator: 559-730-3820 or jamesal@cos.edu
- <u>Language Center</u> The Language Center provides tutoring for writing, reading, speaking, and grammar for ESL students. In addition, during comprehensive open lab times, we also assist students from any class at COS with grammar, punctuation, and sentence-level error in writing.
 - Johnny Fang, Lead Coordinator: 559-737-5369 or johnnyf@cos.edu
- <u>Math Lab</u> The Math Lab is a math tutoring center run by instructional staff, faculty, and student tutors. Study groups are welcome, and students can receive free individual and small group tutoring in math courses up to Math 65.
 - *Tyler Johnson, Lead Coordinator*: 559-583-2571 or tylerj@cos.edu
- <u>Writing Center</u>: The Writing Center offers one-on-one and online consultations from peer tutors for students in all majors, providing feedback and resources throughout the writing process—from pre-writing to final drafting.
 - David Hardison, Lead Coordinator: 559-730-3820 or davidhar@cos.edu
- Items for Checkout: Students may checkout laptops, calculators, and headphones.
- <u>Study Rooms</u>: The Educational Support Services building has study rooms for student use. Students may reserve a room online or in-person. https://cos.libcal.com/r
- <u>Workshops</u>: Tutorial Services offers a broad array of workshops each month. From study skills to citation assistance, our coordinators are here to help.

Tutorial Services Locations:

Hanford: E-91 (Math Lab, Writing Center)

Tulare: Building A, Upstairs in Library (Math Lab, Writing Center)

Visalia: Educational Support Services Building (General Tutorial, Language Center, Math Lab, Writing Center

Online: (General Tutorial, Language Center, Math Lab, Writing Center)

Extended Opportunity Programs and Services (EOPS)/Cooperative Agencies Resources for Education (CARE) /NextUp

Extended Opportunity Programs and Services (EOPS) recruits and successfully retains college students of educationally and socio-economically disadvantaged backgrounds throughout Kings and Tulare Counties. The Cooperative Agencies Resources for Education (CARE) Program serves EOPS students who are single parents who are or were receiving Temporary Assistance for Needy Families (TANF) by supporting them to complete college-level courses or training programs. NextUp is a support program for current and former foster youth offered through EOPS.

Location: Sequoia 10, (559) 730-3818, or visit us online https://www.cos.edu/en-us/student-support/eops.

Financial Aid

We are dedicated to helping prospective and current students and their families apply for and help determine eligibility for federal and state financial aid. These programs are administered in compliance with current local, state and federal regulations. Financial Aid Services are available at all three COS Campuses.

Locations: Visalia Campus, Sequoia 105, (559) 730-3747, Hanford Campus, Vocational/Education building, (559) 583-2511, Tulare Campus, Building A, (559) 688-3010, or visit us online at https://www.cos.edu/en-us/admissions/financial-aid.

Giant Dream Center

The Giant Dream Center is a program that provides a safe, caring place to new, continuing and returning undocumented students who self-identify as DACA, DREAMers or AB 540 status. Services are tailored to ensure student success in the areas of academic counseling, personal, social and career mentoring.

Location: ESS 126. For more information please call (559) 737-4853 or (559) 737-6275 (Español), or visit us online at www.cos.edu/dream.

Giant Marketplace & Basic Needs Supportive Service

The Giant Marketplace recognizes that secure access to food and housing is essential to academic success in higher education and must, therefore, be treated as a top educational priority. The Giant Marketplaces houses the Giant Pantry, and additional basic-needs related supportive services for students. Services include referrals to on – and- off campus resources to address the following: emergency housing, physical health & hygiene, mental health, child care, and technology.

Location: Visalia Campus, Giant Marketplace 1911 S. Mooney Blvd. For more information please call (559) 730-3710 or email <u>GiantMarketplace@cos.edu</u>. Visit us online at https://www.cos.edu/en-us/student-life/health-services/giant-marketplace.

Housing Services

Student Activities and Affairs maintains a Housing Bulletin Board to assist students in locating apartments, rooms or houses in the local area. The board is in a glass case outside the south Sequoia building. Anyone interested in obtaining a rental or posting a rental listing should stop by the Student Activities and Affairs office. COS provides information only and does not provide housing or participate in the rental process.

Location: Visalia Campus, Giant Forest 123, (559) 730-3736.

International Students

College of the Sequoias welcomes International Students from all over the world. We will assist with admissions requirements, transfer information, registration, F-1 Visas, English proficiency, government agencies, and community resources.

Location: Visalia Campus, Sequoia South Building, room 103. For more information, please contact Osiris Deleon at (559)730-3970 or email <u>osirisd@cos.edu</u>

Library/Learning Resource Center (LRC)

The <u>Library/LRC</u> supports student success, community advancement, and information literacy by providing equal access to quality resources and services to our students, faculty, and staff in a safe and inclusive environment. Resources and services include:

- Ask a Librarian Desk: A librarian is available at all locations to provide drop-in library consultations to support students with research help (finding reliable sources for your class projects and assignments), locate textbooks (eBooks and academic articles online), utilize library resources, cite sources, and much more.
- <u>Items for Checkout</u>: Books, textbooks, calculators, anatomical models, <u>laptops</u>, <u>wi-fi hotspots</u>, and headphones are available for checkout. All locations offer a print collection based on the course offerings of the campus; students may also request library materials from any COS campus.
- OneSearch: Library physical and electronic collections can be searched through the online catalog.
- <u>Databases</u>: Academic content such as articles, journals, magazines, newspapers, and streaming videos through paid subscriptions to all students. These databases can also be accessed off-campus using MyGiant.
- <u>Study Rooms</u>: The Library/LRC in Tulare and Visalia have study rooms for students to use. Students may <u>reserve</u> <u>a study room</u> for up to 2 hours.
- <u>Student Helpdesk</u> and <u>Student Tech Support</u>: The Library/LRC has a Student Helpdesk to assist students in utilizing computers. Staff can assist with password reset, Canvas, MyGiant, BannerWeb, Office 365, formatting, student email, and more.
- <u>Textbook Scanning Requests</u>: Students may request scans of up to two chapters. Please allow 2-3 days for the library to fulfill the request.
- Visit us online or call one of the three libraries:

Visalia: 559-730-3825Hanford: 559-583-2538Tulare: 559-688-3085

MESA Program

The MESA Community College Program supports students in successfully transfer to four-year universities with a Science, Technology, Engineering and Math (STEM) major. Students are encouraged to apply if they are first-generation, a financial aid recipient, and/or wanting extra support while completing their STEM requirements. The program currently offers free tutoring, textbooks, laptops/tablets, and transfer prep. The MESA Community College Program is a partnership between COS and the University of California Chancellor's Office.

Location: Visalia Campus, John Muir 124. For more information please call (559) 737-6136, or visit us online at https://www.cos.edu/mesa.

New Student Orientation

Orientation serves as a way to provide students with pertinent information about COS and what resources the Visalia, Tulare and Hanford campuses offer. It is highly recommended that students complete their online orientation before the end of their first semester. Students may complete their online orientation by visiting this site https://www.cos.edu/en-us/student-support/online-orientation or through our main webpage cos.edu > Student Support > Welcome Center > online orientation. Additionally, each campus offers in-person Giant Days New Student Orientation during the summer. Giant Days is for new students who have recently graduated high school. If students are unable to attend Giant Days they are encouraged to complete online orientation. For more information please call (559) 737-6225.

Puente Project

The Puente Project is a national award-winning program that has helped tens of thousands of educationally disadvantaged students who enroll in four-year colleges and universities earn degrees and return to the community as leaders and mentors to future generations. Puente combines accelerated instruction, intensive academic counseling and mentoring by members of the community. Please see a counselor if you are interested in this program.

Location: Visalia Campus, Tule 569A. For more information please call (559) 737-4815 or email ambara@cos.edu. Visit us online at https://www.cos.edu/en-us/student-support/puente.

Scholarship Program

The College of the Sequoias Foundation offers hundreds of Scholarship Awards each year to eligible student applicants. Eligibility information, applications and information may be obtained online via My Giant or visit the scholarship office. **Location:** Visalia Campus, north Sequoia 3. For more information please call (559) 730-3878 or visit us online at https://www.cos.edu/en-us/administration/foundation/scholarships.

Student Activities & Affairs

Student Activities & Affairs office provides the following for COS students:

- Student photo ID cards
- Transit stickers for Tulare and Kings counties
- Activity Benefit Sticker for each semester
- Information and oversight for student clubs
- Campus student activities
- On-campus lockers (Kern Building-Visalia)
- Graduation and commencement information
- Student Senate: student participation in COS governance

Location: Visalia Campus, Giant Forest building, Room 123. Phone: 559-730-3736. Website: www.cos.edu/SAA

Student Employment Office

The purpose of the Student Employment/Work Study Office is to coordinate the on-campus job placement and various off-campus placements of students employed by COS in Federal and CalWORKs Work Study programs.

Location: Visalia Campus, south Sequoia 105. For more information please call (559) 730-3856, or visit us online at https://www.cos.edu/en-us/Student-Employment/Pages/Work-Study.aspx.

Student Health Center

All registered students are eligible for confidential health care services in the Student Health Center, which are supported by student health fees. Health services include nurse assessments, health screenings (blood pressure, glucose testing, vision/hearing screening), immunizations, COVID testing, tuberculosis testing, over-the-counter medication, condoms, feminine hygiene products, reproductive and other health education. A nurse practitioner is available for assessing and treating minor illnesses and injuries, including physical exams and STI testing.

Mental health assessments and short-term counseling services are provided on all 3 campuses by mental health professionals. Students are eligible for up to 8 individual counseling sessions per semester with a maximum of 2 semesters. Mental Health professionals also provide linkage and referrals to community providers when appropriate. Additionally, health center staff facilitate a peer to peer mentoring program called "Let's Talk" which trains peer volunteers to provide mentorship and basic para-professional counseling skills their fellow students. Let's Talk can be accessed throughout the semester on a walk-in basis. The Student Health Center also provides health education awareness events.

Location: Visalia Campus, Giant Forest 8, (559) 730-3880, Tulare Campus, Building A, (559) 688-3060, Hanford Campus, Education Bldg. E-4 (559) 583-2530, or visit us online at https://www.cos.edu/en-us/student-life/health-services/.

Student Success Center

Student Success is a District-wide program that fosters a learning environment that provides all students with equitable resources needed to succeed in their academic endeavors. The goal is to ensure that students are prepared with the necessary tools to follow and complete their educational goals and Student Education Plan (SEP).

Location: Visalia Campus: Sycamore IM-109, ESS 126, Moro 112; Hanford Center: E65; Tulare Campus: B214. For more information please call (559) 737-4853, or visit us online at https://www.cos.edu/en-us/student-support/student-success.

Transfer & Career Center

The Transfer & Career Center is committed to providing comprehensive advising and activities for students to strengthen their transfer and career opportunities that will contribute to a meaningful life experience. Through Career Exploration we help students uncover their true passions, strengths, and interests through personalized assessments and expert guidance and students are able to meet with our expert career counselor. Through transfer assistance we help students reach their goal of transferring to a four-year college or university by helping students through transfer process; meeting with our transfer counselor, participating in transfer assistance workshops and transfer events such as Transfer day and College Signing Day. We also help students build their career skills by coordinating hiring events, offering workshops and one-on-one appointments with coordinators for resumes, cover letters, and interview preparation.

Location: Visalia Campus, Sequoia 9. For more information please call (559) 737-6110, or visit us online at https://www.cos.edu/en-us/career/transfer-career-services.

TRiO/Upward Bound Math & Science TRiO/UBMS Program

TRIO/UBMS is a pre-college enrichment program funded through a Federal TRIO Grant by the U.S. Department of Education. The program is designed to assist low income and/or potential first generation college students further their education beyond high school. The program provides an array of academic services to help generate the skills and motivation necessary for a successful college educational experience.

Location: Visalia Campus, Alpine 2. For more information please call (559) 737-5400, or visit us online at https://www.cos.edu/en-us/trio

Veterans Resource Center

The Veterans Resource Center (VRC) provides assistance to qualified veterans, reservists and dependents of veterans. Services include counseling, certification of benefits, a lending library, computer lab and a veteran's lounge. All veterans are urged to contact the VRC to take advantage of the services provided.

Location: Visalia Campus, Sequoia 106. For more information please call (559) 730-3854, or visit us online at https://www.cos.edu/en-us/student-support/veterans.

Welcome Center

The Welcome Center provides services to help new students make a smooth transition into College of the Sequoias and helps continuing students locate resources and services they may need while attending college. Additionally, the Welcome Center can help with your questions regarding admissions, registration, financial aid and more.

Location: Visalia Campus, South Sequoia 104. For more information please call (559) 730-3730, or visit us online at https://www.cos.edu/en-us/student-support/welcome-center.

Youth Empowerment Strategies for Success (YESS)

YESS is a comprehensive and integrated program that unites community partners and academic leaders to empower foster youth to successfully transition into independent living. The **YESS** program provides services that focus on life skills training and academic performance with the objective of achieving self-sufficiency, college degree or certificate completion and employment. In addition to the independent living skills workshops, College of the Sequoias has a drop-In center for our college-going **YESS** and **Next Up** students. Services include access to a computer lab along with free printing of school-related papers and documents, a lunchroom stocked with lots of food choices and so much more! **Location:** Visalia Campus, Sequoia 157, (559) 730-3717, or visit us online at https://www.cos.edu/en-us/student-support/foster-care/youth-empowerment-strategies-for-success.