

Pre-Professional Pathways

The faculty and staff at College of the Sequoias (COS) Sports Medicine Program appreciate your interest in our program. Our degree program provides a bridge to your future, whether that be transfer to a four university, graduate school or directly into the healthcare workforce. This would include but not be limited to the following occupations: Exercise Physiology, Biomechanics, Sport Psychology, Sport Nutrition, Strength & Conditioning, Exercise Physiology, Kinesiology, Practice of Medicine, Physical Therapy, Osteopathic Medicine, Orthotists/Prosthetists, and Athletic Training.

The Associate of Science (A.S.) in Sports Medicine/Athletic Training/Exercise Science at COS gives graduates hands-on experience at becoming athletic trainers. Students in this program participate in lecture, laboratory classes and clinical experience involving athletic events. They combine theory and practice to go on to become well-rounded athletic trainers. In this Sports Medicine Program at COS, students who successfully complete the coursework are prepared to transfer to the four-year universities to continue their studies of occupation.

Note, there has been a degree change in Athletic Training. The Commission on Accreditation of Athletic Training Education (CAATE) has mandated that students may continue to enroll in Bachelor's degree athletic training programs through Fall 2022. Thereafter, four-year schools offering degrees in athletic training can do so only at the graduate level. All athletic training undergraduate program will transition to the professional standard graduate level master's program. Four year universities will now recommend a Bachelor's of Science (B.S.) degree in Kinesiology or Exercise Science however, any B.S. degree with the prerequisite will meet the requirements for application to the graduate level master's program. Starting in Fall 2019, COS's Sports Medicine Program has implemented a new curriculum that will provide a pathway to the Entry Level Master's Athletic Training Programs.