

ASCI 140: BEGINNING EQUITATION

Proposer:**Name:**

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Effective Term:

Fall 2020

Credit Status:

Credit - Degree Applicable

Subject:

ASCI - Animal Science

Course Number:

140

Cross-Listed Course:**Catalog Title**

Beginning Equitation

Catalog Description

Riding both bareback and under saddle, this class is designed to teach the beginning student introductory riding techniques. Students will learn the proper way to catch, groom, saddle, bridle, and mount the horse. Students will learn basic nomenclature for the tack used in equitation as well as the basic anatomy and physiology of the horse which will ensure safe use of the tack for both rider and the horse. Finally, students will learn proper use of natural-aids. In summary, this course will teach students and their horses to walk/jog safely and in a controlled manner.

Prerequisites**Corequisites****Advisory on Recommended Preparation:****Limitation on Enrollment:****Method of Instruction:**

Laboratory
Lecture and/or Discussion

Course Units/Hours:**Course Units Minimum:**

3

Course Units Maximum:**Lecture Hours Minimum (week)**

3

Lecture Hours Maximum (week)**Lab Hours Minimum (week)**

1

Lab Hours Maximum (week)**Activity Hours Minimum (week)****Activity Hours Maximum (week)****Total Contact Hours Minimum (semester)**



70

Total Contact Hours Maximum (semester)**Total Outside Hours Minimum (semester)**

105

Total Outside Hours Maximum (semester)**Total Student Learning Minimum Hours (semester)**

175

Total Student Learning Hours Maximum (semester)**Repeatability:**

No

Open Entry/Exit:

No

Field Trips:

Not Required

Grade Mode:

Standard Letter

TOP Code:

010240 - * Equine Science

SAM Code:

C - Clearly Occupational

Course Content

Methods of Assessment:

Essay quizzes or exams
 Problem solving assignments or activities
 Short answer quizzes or exams
 Skill demonstrations

Course Topics:

Course Topics	
1	Analysis of Safety- In and out of the arena
2	Concepts of Balance-Posture
3	Theory of Hands- Different types of reining
4	Conceptual Diagrams of Leg Aids- Pressure controlling body response
5	Changing Gaits- Leg pressure
6	Anatomy and physiology of equine

Course Objectives:

Course Objectives	
1	Apply the theories of multiple reining techniques.
2	Discuss and list balance techniques using feet, legs and voice commands.
3	Demonstrate mastery of one type of reining.
4	Employ concepts of proper balance by introducing counterweight to the horse and rider.
5	Analyze the animal's response by pressure changes by the rider.
6	Apply the theories of different types of reining.

- 7 Employ the concepts of posture and proper balance techniques while mounted.
- 8 Analyze techniques and practice safe animal handling both in and out of the arena.

Course Outcomes:

Course Outcomes	
1	Given examples of appropriate physical posturing and guided practice of balance and mounting, students will be able to apply the concepts of posture and proper balance while mounted. They will also demonstrate different types of reining, including one and two handed techniques while relating leg aides to the horses gait. Equine industry standards shall be applied to competency in this area.
2	Given safety expectations and consequences, students will be able to analyze and apply techniques and practices to proper safe animal handling. Compliance in this area shall be based upon a safety exam with each student passing at the 100% level.
3	Given appropriate modeling of leg aides and movements, students will be able to identify various leg aides that complement the different gaits of the horse. They will also observe and practice proper leads of the horse. Equine industry standards shall be applied to the competency in this area.

Assignments:

Assignment Type:	Details
Reading	Students will read a pamphlet on safety and handling and proper tacking in preparation for a safety quiz in which they will demonstrate an understanding of basic safety skills.
Writing	Students will write a two-page essay after participating at the COS Horse Show, World Ag Expo or other equine community event.
Homework	Students will read the pamphlets and study for a safety quiz. Students will label and fill-in safety, horse parts and tack parts diagrams.
Lab	In laboratory exercises, students will be required to apply the knowledge gained in lecture. Students in the class will be required to successfully demonstrate safe grooming and tack up of a horse prior to riding. They must also show safe and controlled types of reining techniques and proper balancing movements. By the end of the semester, students will learn to work with, in and around obstacles.

Textbooks or other support materials

Resource Type:	Details
Books	Dorothy Louise Burkett. Horseback Riding: A Practical Guide for Beginners, Containing Brief and Helpful Hints on How to Ride a Horse, Riding Equipment and the Acquirement of Skill and Good Form in Riding , 1 (reprint) ed. Forgotten Books , 2017, ISBN: 978-1332264049
Books	Cherry Hill. How to Think Like A Horse: The Essential Handbook for Understanding Why Horses Do What They Do, 1 ed. Storey Publishing, 2006, ISBN: 1580178359
Books	Dr. Stephen Peters and Martin Black. Evidence-Based Horsemanship, 1 ed. Wasteland Press, 2012, ISBN: 978-1600476853

General Education/Transfer Course

CSU General Education

Transferable to CSU

COS General Education

Other Degree Attributes

Degree Applicable
Not a Basic Skills Course

Materials Fee:

Course Outcomes

ASCI 140 OUTCOMES.docx



Banner Title:

Beginning Equitation

Curriculum Committee Approval Date:

09/25/2018

Academic Senate Approval Date:

10/10/2018

District Governing Board Approval Date:

11/05/2018

Course Control Number:

CCC000598313

C-ID: