



ASSOCIATE OF SCIENCE IN SOCIAL WORK AND HUMAN SERVICES FOR TRANSFER (AS-T)

Credit Status:

Credit

Program Award:

Associate of Science - ADT

Effective Term:

Fall 2025

Program Title

Associate of Science in Social Work and Human Services for Transfer (AS-T)

Program Goal:

Transfer

Catalog Description:

This degree is designed to prepare students for a seamless transition to a California State University. Students completing this degree will have an introductory foundation for the field of social work through the study of legal and ethical issues, theories of practice and human behavior, history of social welfare and current policies. Students will acquire skills in critical thinking, case planning, crisis intervention, theory-based assessment, working knowledge of community resources and experience in a human services agency.

Career and Transfer Opportunities:

Transfer & Career Opportunities

This Associate in Science in Human Services for Transfer (AS-T) Degree is intended to meet the lower division requirements for Social Work for all CSU campuses. Students planning to transfer to institutions other than the CSU are encouraged to consult ASSIST.org (<http://assist.org/>) and a COS counselor for program planning and course selection. Most common career opportunities with a baccalaureate degree include social worker, government agencies such as child welfare services, hospital social work, criminal justice system, crisis management, substance abuse, aging services among many others.

Program Outcomes:

Programs Outcomes

Students will demonstrate an understanding of the historical evolution of social welfare policies and the social work profession, recognizing key milestones and influential figures.

Students will be able to analyze how historic and contemporary social welfare policies affect vulnerable populations, how social conditions contribute to their vulnerability, and how these policies affect social justice and human rights.

Identify the legal, ethical, and professional responsibilities associated with social work service delivery as demonstrated through class discussions, assignments, and work experience.

Requirements

Code	Title	Units
GENERAL EDUCATION AND SUBJECT REQUIREMENTS		34
California-General Education Transfer Curriculum (Cal-GETC)		
REQUIRED MAJOR COURSES		22-23
HSRV 012 or HSRV 120	Introduction to Social Work Introduction to Social Welfare	3
HSRV 124	Human Services Field Work Seminar †	1
WEXP 193HS	Course WEXP 193HS Not Found †	2
SOC 001	Introduction to Sociology *	3
PSY 001	General Psychology *	3
MATH 021 or BUS 020 or SSCI 025	Introduction to Statistics * Business Statistics Statistics - Social Sciences	3-4



BIOL 020 or BIOL 030 or BIOL 031	Frontiers in Biology * Human Anatomy Human Physiology	4
ECON 040 or ECON 050	Principles of Microeconomics * Principles of Macroeconomics	3
+		
RESTRICTED ELECTIVES: Select two courses (6 units)		6
CHLD 042	Child, Family, and Community *	3
COMM 009	Intercultural Communication *	3
ETHN 010	Introduction to Ethnic Studies and Social Justice Studies *	3
HIST 017 or HIST 018	People of the US to 1877 * People of the US from 1865	3
PSY 034	Abnormal Psychology *	3
PSY 080	Introduction to Lifespan Psychology *	3
+		
ELECTIVES		16-17
Select additional transferrable courses numbered 1-199 to achieve 60 units. The Social Sciences Division recommends additional courses be selected from the following:		
HSRV 122	Practices in Human Services/Social Work	3
HSRV 121	Interviewing	5
HSRV 101	Group Design and Leadership	4
HSRV 102	Drug and Alcohol Treatment	3
HSRV 104	Issues in Family Violence	3
=		
TOTAL		60

* Courses may be double counted above for Cal-GETC.

† Courses are co-requisite to each other.

The Associate in Arts Degree for Transfer requirements include completion of the 60 unit program defined above with at least 12 units taken in residence at College of the Sequoias with a "C" (2.0) average and a "C" or better grade in all required major and restricted electives courses (see Transfer Information and Requirements (<https://catalog.cos.edu/transfer-information-requirements/>) for additional details).

Units for Degree Major or Area of Emphasis (Min):

28

Units for Degree Major or Area of Emphasis (Max):

29

Total Units for Degree (Min):

60

Total Units for Degree (Max):

60

TOP Code:

210400 - * Human Services

Enrollment Projections:

50

Place of Program in Curriculum/Similar Programs:

NA

Similar Programs at other colleges in Service Area:

N/A



State Program Control Number:
36152