



# COVID-19 STUDENT EXPOSURE/ILLNESS PROTOCOL

Student has been exposed or in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has tested positive for COVID-19.

Student tests positive and has been physically present on campus.

Student experiencing symptoms and has been physically present on campus.

Anyone with a positive test needs to:

- Isolate until at least 10 days have passed since symptom onset; AND
- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
- Other symptoms have improved

Anyone experiencing symptoms should get a COVID-19 self-test as soon as possible and isolate.



Do not contact Covidsafe@cos.edu unless there is a positive test. Call your doctor if you have any symptoms of COVID-19 or if you have questions about your health. COVID-19 illness can be mild or severe. Symptoms can include: fever or chills; cough; trouble breathing; body aches; headaches; new loss of smell and/or taste; sore throat; runny or stuffy nose; nausea or vomiting; diarrhea; fatigue or feeling very tired. Call 9-1-1 for any severe trouble breathing, confusion, or medical emergencies.

Student or Faculty/Staff member notifies Covidsafe@cos.edu with the following info:  
WHO: Student name, Banner ID, Preferred phone #,  
WHAT: Report student with positive test results  
WHEN: Date they received positive test results & when they have been on campus since exposure  
WHERE: Which campus & classes have they attended since exposure.

Health Center implements contact tracing process.

Health Center communicates with students and provides follow-up to faculty member and dean/provost by the end of the next business day.

Positive Test

Refuse to Test

Negative Test

LET'S GET VACCINATED

Student should be treated the same as an unvaccinated student below.

Student may return to class once they are no longer showing symptoms.

## Vaccinated

Fully vaccinated individuals do not need to quarantine following an exposure. Fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms.

Maintain physical distancing and adhere to other prevention measures when visiting with unvaccinated people. Get tested if you develop signs/symptoms of COVID-19.

## Unvaccinated

Individuals who have not been fully vaccinated and have had close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has tested positive for COVID-19, should be tested as soon as possible and quarantine for 10 days.

Unvaccinated close contacts are required to quarantine for 10 days.

- Quarantine can end after Day 10 from the date of last exposure without testing; OR
- Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.
- Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds, and physical distancing) through Day 10 from last known exposure.

## Others

If you have had COVID-19 illness within the previous 3 months and have recovered and remain without COVID-19 symptoms (for example, cough, shortness of breath) you are not required to quarantine.

