

Instructions to Access Online Counseling Chat Services

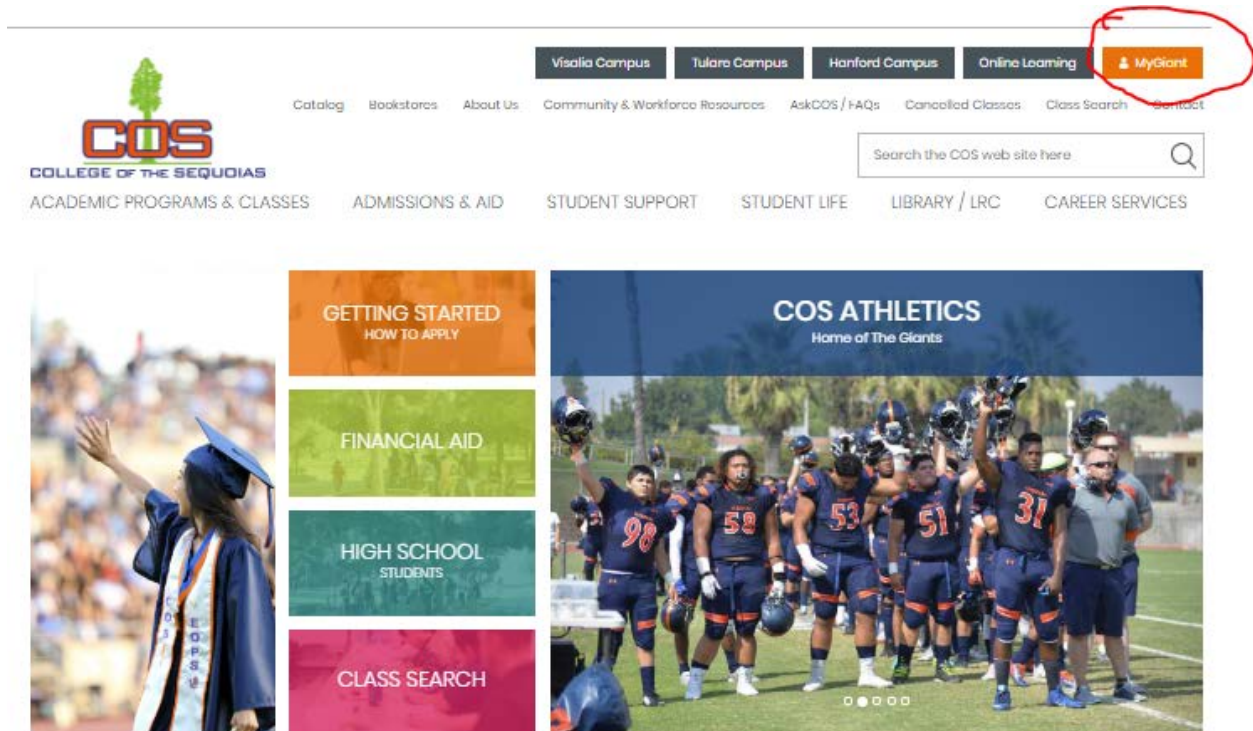
Cranium Cafe

You must have a **COMPUTER** (**not** a phone) with a camera and microphone.

Appointment time is always Pacific Standard/Daylight Time. Make sure this time is suitable for you.

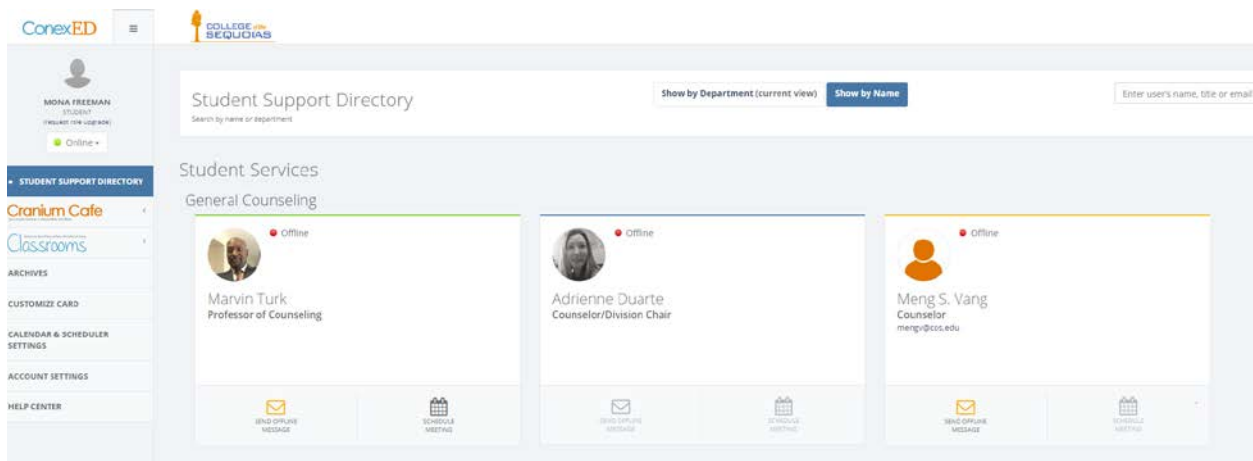
Go to www.cos.edu using CHROME or Firefox.

At the top right corner choose  which is circled in red.

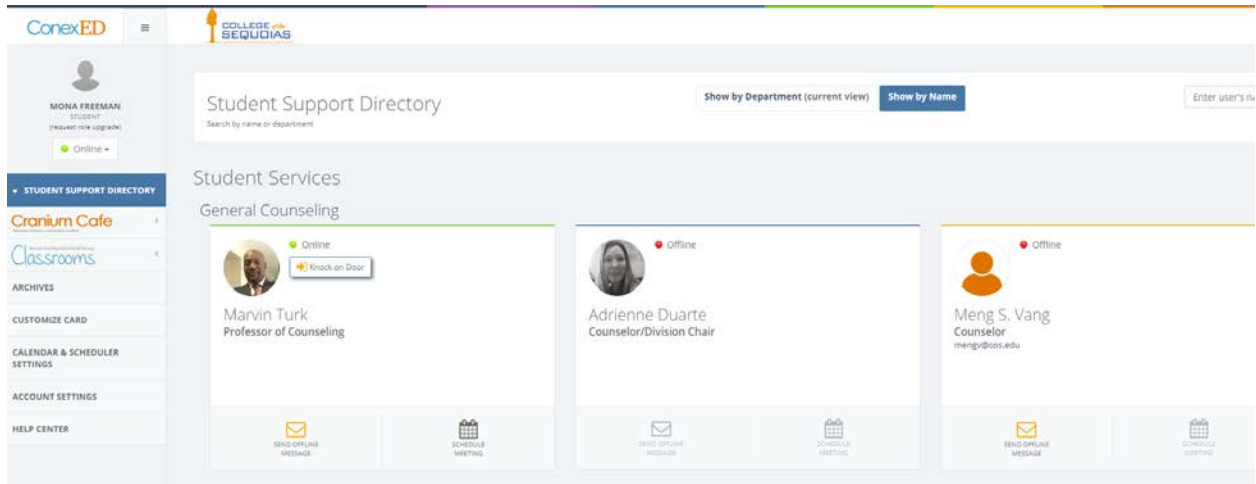


You are now in the portal. Please choose “Cranium Café.”

You will now see the following:



Choose the counselor (Adrienne Duarte) with whom you have your appointment (should show a green dot with the word "online.")



ConexED COLLEGE OF SEQUOIAS

MONA FREEMAN STUDENT (Requires role upgrade) Online

STUDENT SUPPORT DIRECTORY

Student Support Directory

Show by Department (current view) Show by Name Enter user's ID

Search by name or department

Student Services

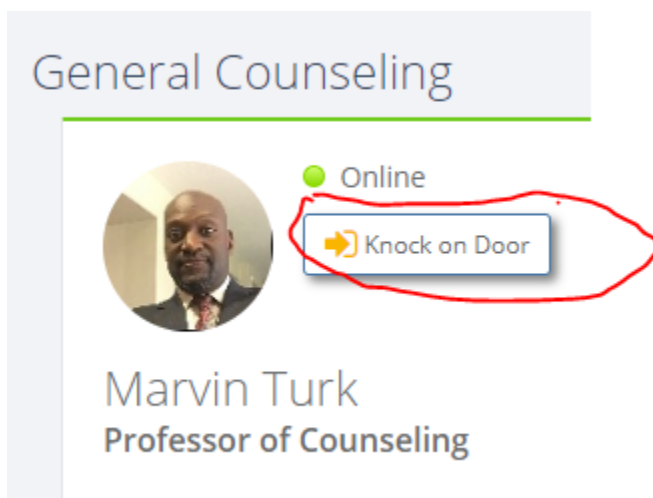
General Counseling

Marvin Turk Professor of Counseling Online Knock on Door

Adrienne Duarte Counselor/Division Chair Offline

Meng S. Vang Counselor Offline meng@cos.edu

SEND OFFLINE MESSAGE SCHEDULE MEETING



General Counseling

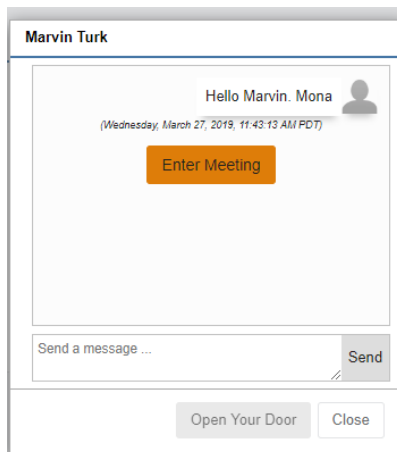
Online

Knock on Door

Marvin Turk Professor of Counseling

Please choose "knock on door."

If there is no "knock on door" and you have a scheduled appointment, and it shows **Offline** choose "send offline message." You should soon see "knock on door" which you should choose (circled in red above).



Marvin Turk

Hello Marvin. Mona

(Wednesday, March 27, 2019, 11:43:13 AM PDT)

Enter Meeting

Send a message ... Send

Open Your Door Close

Now choose "Enter Meeting" to begin your counseling session.