

COLLEGE OF THE SEQUOIAS

GiantLearningGiantCareersGiantLife
cos.edu/CTE

“

The Physical Therapy Assistant Program led me to a career that I now can provide for my family. I am the first in my family to go to college and now my kids will be able to go to college because of the great career that I have.

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— BRIAN QUINN,
COS PHYSICAL THERAPY
ASSISTANT PROGRAM
GRADUATE



Healthcare
Industry:
Fastest growing
industry in
our region

*California Center For
Jobs & The Economy
2016

Career Opportunities

Acute Care Nursing • Athletic Training
Personal Fitness • Specialty Nursing



Health Science & Medical Technology

Programs in this career pathway prepare students for entry-level employment, certifications and potential further study in the fields of nursing, nursing assistant, pharmacy technician, physical therapy assistant, rehab therapy aide and sports medicine. Courses provide experiences in a variety of healthcare settings including on site at local hospitals and other facilities. Students will gain a foundation in applicable skills such as patient management, medical terminology, body mechanics and workplace safety as well as customer service. With the intent of getting our students into the workforce quickly, programs are streamlined and some can be completed in less than the traditional two-years of community college. COS healthcare programs are board-certified.



Registered Nursing

The Registered Nurse (RN) Program is an application-only; four-semester, Associate Degree in Nursing (ADN) program. The RN students will gain experience in many areas of healthcare including medical, surgical, geriatrics, perinatal, pediatrics and mental health. Completion of the RN program qualifies graduates to take the standardized National Council Licensure Examination (NCLEX)-RN. Once the graduate receives the RN license, they are prepared for the role of care provider across the healthcare continuum as managers of care and as an active member of the nursing profession.

Nursing Assistant

A single course that can lead to Nursing Assistant certification through the certification exam. Students completing this certificate will acquire skills, knowledge and abilities to receive a certificate permitting practice as a Nursing Assistant in locations such as hospitals, nursing care homes, home health, outpatient settings and senior/assisted living.

Pharmacy Technician

A two-semester program consisting of theory and clinical experience. Students completing this certificate will acquire the employment skills, knowledge, and abilities for an entry-level position as a Pharmacy Technician in a retail or hospital pharmacy. After successful program completion, the student is eligible for California State Pharmacy Technician registration.

Physical Therapy Assistant

Physical Therapy Assistant (PTA) students as part of the associate degree program will gain a foundation in the fields of anatomy, physiology, kinesiology, physics and movement science. Skills developed throughout their coursework will include patient care, application of modalities and physical agents, and implementation of therapeutic exercise and cardiopulmonary rehabilitation under the physical therapy plan of care; includes 680 clinical education hours. Completion of the PTA program qualifies graduates to take the state licensure exam.

Rehab Therapy Aide

This program prepares students for careers providing rehabilitative care to patients under the direct supervision of a licensed physical therapist. Students will also be equipped to perform daily work helping patients gain mobility and improve upon their functional abilities. Students will be exposed to medical terminology, body systems review, exercise and mobility training, customer service, workplace safety and body mechanics.

Sports Medicine

This program prepares students for transfer to a four-year university. Students completing this degree will walk away with a foundation of study in the prevention, care and rehabilitation of athletic injuries and will acquire an understanding of the mechanism of injury and illness, assessment of injuries and illness and appropriate care. With this degree, students may find themselves in careers such as athletic training, sports psychology, coaching, sports nutrition, osteopathic medicine and sports chiropractic.

6 degrees/certificates