What is the TRiO/Student Support Services Program?
The TRiO/Student Support Services (SSS) Program at College of the Sequoias (COS) is an academic assistance program funded through TRiO Grants by the U.S. Department of Education. It’s designed to provide low-income and potential first-generation college students with opportunities for academic development, assist them with meeting basic college requirements and motivate them toward the successful completion of their postsecondary education.

Services Offered
TRiO/SSS offers individual monitoring, advising and a referral process to ensure program participants take full advantage of the services and activities offered on campus. The program also offers education or counseling services designed to improve participants’ financial and economic literacy.

Services offered include:
- A thorough needs assessment & development of a Student Education Plan (SEP)
- An intensive guidance component that includes one-to-one advising, tutoring, career guidance & mentoring
- Academic advising & Personal counseling
- Financial Literacy workshops
- Referrals to campus resources
- Advocacy
- Assistance completing FAFSA, scholarship & transfer applications
- Access to the TRiO/SSS computer lab & other technology resources
- Supplemental grant aid
- Learning Communities
- Academic Summer Bridge for incoming students
- Educational, cultural & social engagement
- Educational field trips

Eligibility
To qualify for services a student must be a citizen or permanent resident of the United States, be registered at COS, and demonstrate an academic need for services as defined by the institution and meet at least one of the following criteria:
- First-Generation: An individual whose parents have not completed a baccalaureate degree
- Low-Income: Household taxable income meets SSS federal guidelines established by the U.S. Department of Education.
- Disabled: An individual with a documented learning or physical disability. Documentation must be submitted to the COS Disability Resource Center (DRC).
- Be placed in at least English 251
- Have a minimum 2.5 high school/college GPA.
- Completed less than 60 degree applicable units

Program Goal
TRiO/SSS provides participants with intensive and comprehensive services to address their academic and non-academic needs. The goal of the program is to enhance the academic skills of students in order to increase retention, graduation and transfer rates of eligible students and to foster an institutional climate supportive of their academic success.

Cost
Services provided to TRiO/SSS program participants are free of charge. Students must only have the desire to prepare for college and meet other eligibility requirements.

For more information please contact:
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