SUBJECT AREA AND COURSE NUMBER: SMED 040
COURSE TITLE: INTRO TO SPORTS INJURIES
UNITS/HOURS Units: 3.5

CATALOG COURSE DESCRIPTION: This course is open to all students interested in the prevention, care and treatment of sport(s) injuries. The subject matter covers the responsibilities of professional development of the athletic trainer, emergency procedures; mechanisms, characteristics, and evaluation of sports injuries as well as their acute care. SMED 40 includes the partial regulations and requirements of the National Athletic Trainer’s Association for transfer to a four year institution and certification.

OUTCOMES:
1. differentiate the specialization areas of Sports Medicine involving performance enhancement and injury care and management.
2. Distinguish the major biomechanical forces occurring in sports injuries.
3. Define the terminology that describes injuries incurred during sports participation.
4. Describe the emergency management of musculoskeletal injuries.
5. Apply the correct procedure for an off-the-field or on-the-field evaluation scheme.
6. Describe the theoretical uses of the various types of modalities.
7. Identify specific injuries that occur to the different areas of the body, and discuss plans for management.

REQUISITES: Advisories: ENGL 251