Comprehensive Program Review Report (Narrative)
College of the Sequoias
Program Review - Physical Education

Prepared by: Joseph D'Agostino, Tracy Myers, Curtis Allen

What are the strengths of your area?:
1. The program offers 40 varied classes within the division of Physical Education & Health to develop physical skills, and critical thinking that fosters student values, principles, ethics, and healthy lifelong habits.
2. PEAC courses at our college exceed the state-wide completion rate averaging 84% with a suggested completion rate of 77% (see draft Master Plan 2015-2025 Chapter 4).
3. Two units of PEAC courses remain required for graduation from the college.
4. Facility renovations on the pool, tennis courts, weight room, and circuit fitness center have greatly improved conditions for students within the coursework.
5. PEAC course offerings at satellite campus have increased by 85% from fall 2013 to current calendar year (see Master Schedule).

What improvements are needed?:
1. WSCH/FTEF rates are currently below (412) the state recommended average of 525 according to the COS 2015-2025 master plan (see attached).
2. High use facilities (pool, track & field, weight room, gym(s), dance studio, circuit fitness lab) require mandatory maintenance to off-set degeneration that may cause concern over student safety.
3. Equipment continually needs to be upgraded and or replaced to stay current with student demand (weights, jump ropes, bands, mats, buoys, kick-boards, fins, plyo boxes, plyo balls, weighted balls, team sport balls etc.).
4. Confined space (weight room, circuit fitness lab) limits expansion opportunity for class sizes and or enrollment purposes and creation of an adjacent instructional space with storage would meet the student demand in our fitness room. For example, 428 out of 420 seats in our weight training courses were filled last semester (spring 2014). To state it simply, we are busting out at the seams.
5. Budget augmentation is needed to provide equipment and supplies to provide for the essential needs of the College of the Sequoias students. Revenue streams for the PEAC unit decreased in 2011 by 25%.

Describe any external opportunities or challenges.: 1. Due to recent state legislative changes (2012) data gaps occurred with the changes in course repeatability. For example, in the 2015-2025 COS master plan chapter 4, our PE efficiency data is off because of the elimination of repeatability. We re-wrote our entire PEAC curriculum. Further data is needed to effectively assess our efficiency.

Overall Outcome Achievement: 1. PEAC program overall achievement was met with an 86.5% success rate (see 2014 Program Review Data Metric).
2. Correlation between poor performance achievement rate and class offering times has been established (i.e. 7 am PEAC 76 vs. 4pm PEAC 76).
3. Appropriate SLO assessments were completed for all 12 of the PEAC courses and are currently under review. A random sample from 9 different sections of PEAC were taken to assess student learning outcomes. 265 out of 296 students from that random sample met the student learning outcome for those courses. Discussion within the division has begun on whether to inactivate some SLO's and author new ones.

Changes based on outcome: 1. No changes in the PEAC program or course outcomes were indicated due to high percentages of student success. But the dialogue about current SLO's within the achievement: division is taking place about the need for changes.

Outcome cycle evaluation: We are currently in year two of three with our first complete evaluation cycle. A third of our PEAC courses will be evaluated each school year.

Action: Increase student successful course completion rate.
Upgrade equipment needs of division for use in PEAC classes. New and refurbished equipment will help keep our division's course offerings current and attractive to students and will also aid in student learning outcomes.

Start Date: 10/07/2014
Completion Date: 07/01/2015
Status: New Action

Identify related course/program outcomes: The program learning outcome relevant to this request is "students will be able to design movement-based activities and conditioning plans for themselves and others to contribute to life-long health."

Person(s) Responsible (Name and Position):
Tracy Myers

Rationale (With supporting data): The division has a goal of increasing the successful course completion rate of 84% as a unit compared to the statewide average of 77%. But, our division believes we can increase the 84% while maintaining a high degree of academic achievement with fresh equipment to implement our SLO's.
### Add Resource Request for Action

<table>
<thead>
<tr>
<th>Resource Description</th>
<th>Why is this resource required for this action?</th>
<th>Notes (optional)</th>
<th>Active</th>
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<tbody>
<tr>
<td>Purchase the following items: 9 sets of dumbbell weights for PEAC courses numbered 1-4 for $120, jump ropes for all conditioning courses and classrooms (20 regular jump and 15 sets of heavy jump ropes) for $620, one lightweight resistance band kit with properly instruct and assess our student learning outcomes. for $300, 10 buoys for pool at $120, 10 kick boards for pool at $100, 10 sets of fins for the pool at $290, 1 full set of plyo boxes at $626, four plyo-balls at $200, five indoor men's basketballs at $250, five indoor women's basketball at $250.</td>
<td>This resource is required so that we can keep our course offerings current and be able to resource described in this action.</td>
<td>None.</td>
<td>Yes</td>
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### Action: Maximize space in PE facilities for increased enrollment demands.

We need to expand the space for our weight room, and meet our enrollment demands by creating an outdoor teaching station which includes a sea-train storage container that will house exercise equipment for outdoor training.

**Implementation Timeline:** 2014 - 2015
- **Start Date:** 10/07/2014
- **Completion Date:** 07/01/2015
- **Status:** New Action

**Identify related course/program outcomes:**
- This request is mapped to our program learning outcome of "students will be able to design movement based plans for themselves and others for lifelong wellness."

**Person(s) Responsible (Name and Position):**
- Joe D'Agostino

**Rationale (With supporting data):**
In the spring of 2014, we served 428 students out of 420 seats available in Potwisha 102 (our weight room). We had to create another viable space in Potwisha 112 to hold our circuit training courses (PEAC 4). Those PEAC 4 courses are busting out at the seams as well. If we are to create an outdoor training space, we will be able to enroll more students without having to build another building.

**Priority:** High
- **Safety Issue:** Yes
- **External Mandate:** No
- **Mandate Explanation:** None

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<td>Purchase a sea train that stores equipment and will be the hub of the outdoor training space.</td>
<td>Resource is required to meet the overwhelming demand of student interest in our weight training and circuit training courses.</td>
<td>None.</td>
<td>Yes</td>
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