Comprehensive Program Review Report (Narrative)
College of the Sequoias
Program Review - Health and Wellness

Prepared by: John Boragno and Irv Pankey

What are the strengths of your area?:
1. High ratio of students to teachers as all classes fill. For example, our health and wellness courses filled at a 102% rate according to the attached faculty growth chart.
2. Our health and wellness courses (1 and 7) are a part of the COS GE pattern.
3. Our health and wellness courses give our students tools to achieve lifelong wellness.

What improvements are needed?:
1. Increase the number of offerings of all Health and Wellness classes to our satellite campuses in Tulare and Hanford. We currently offer one section in Tulare and three sections in Hanford. All sections at satellite campuses are filled.
2. Purchase of Instructional Equipment for all campuses. We could really use portable teaching aids such as skeletons, organ displays, drug displays, etc.

Describe any external opportunities or challenges: Our Division decided to add an ADVISORY versus a prerequisite. Students who would normally need to have higher English reading and writing skills are able to sign up for the class.
We are teaching courses without proper Instructional Equipment because of budget constraints. Many of the visual/structural equipment/aids are too expensive to purchase.

Overall Outcome Achievement: HW1 SLOs with success rates.
SLO number 1 (Nutrition): Success ranges from 74% to 88%. All classes met the 70% success rate.
SLO number 2 (BMI: Waist-to-Hip Ratio): Success rates ranged from 77% to 81%.
SLO number 3 (Lifestyle): Success rates were 95%.

Changes based on outcome: Although we met the 70% success rates according to the COS 2015-2025 master plan, we want to increase our success rates to 80% and will do so by continuing to explore our SLO assessments to enhance learning.
The Advisory of English 251 is now in place. This is a factor which might help to increase the success rates. The evaluation of this implementation is ongoing.

Outcome cycle evaluation: This is the first year of the cycle and HW1 is one of the 1/3 amount being evaluated.
This is not a problem. The texts are updated every two years, three is the longest we would go. This keeps the currency relevant.

Action: Increase offerings at the satellite campuses
During Division meetings which includes scheduling discussions, the decision will be made about increasing the offerings at our satellite campuses.

Start Date: 08/11/2014
Completion Date: 05/22/2015
Status: New Action

Identify related course/program outcomes: We want to reach out to all students across our district. Strategically placing our course offerings at all three campuses will help us better to reach our district student body and implement our program learning outcome of lifelong wellness.

Person(s) Responsible (Name and Position): Division Chair

Rationale (With supporting data): Increase the number of FTES.
Priority: High
Safety Issue: No
External Mandate: No

Add Resource Request for Action

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<tr>
<th>Resource Description</th>
<th>Why is this resource required for this action?</th>
<th>Notes (optional)</th>
<th>Active</th>
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### Action: Increase teaching aids for health and wellness.

Purchase a few displays to appeal to students varied learning styles. Purchase includes portable skeleton to take to different classrooms when needed, anatomical display of organs and vital bodily functions. Here are the quotes: life size 2-part brain model is 204.00, two time life size human heart model is 315.25, and the skeleton anatomy model is 215.00. The total with tax is $792.99.

**Implementation Timeline:** 2014 - 2015  
**Start Date:** 10/06/2014  
**Completion Date:** 07/01/2015  
**Status:** New Action

**Identify related course/program outcomes:**  
This request is tied to our program learning outcome of "students will have a clear understanding of the anatomical and physiological functions of the human body."

**Person(s) Responsible (Name and Position):** John Boragno - Division Chair

**Rationale (With supporting data):** Our current successful course completion rate is 64% against the statewide average of 69%. We believe these teaching aids will help our faculty connect with the visual and tactile learners in our classroom thus boosting our successful course completion rate.

**Priority:** Medium  
**Safety Issue:** No  
**External Mandate:** No  
**Mandate Explanation:** N/A

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<td>The resource is required for this action to enhance the successful course completion rate by appealing to students varied learning styles. Data will be available to assess the purchase at then end of the following school year.</td>
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